



Daily Morning Activities

- Coffee Hour
- Art Projects
- Morning Edition
- Fitness Program



Weekly River House Clubs

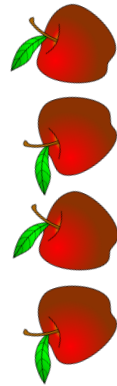
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|---------------------------------------|---------------------------|
| Poker Club | Chess Club |
| Creative Movement | Art Appreciation |
| River House Chorus with Ann and Larry | Women's Circle |
| Baking Club | Music & Memory |
| Nurse's Corner | Seeds & Shovels |
| Friends & Feelings | Crosswords Club |
| | Still Life Painting Class |

If you are interested in joining any of these clubs, please speak with Donna Palmer at 203-622-0079.

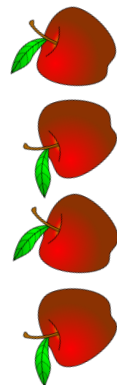
Happy Birthday!



- Richard B.
- Val C.
- Margaret D.
- Iris I.
- Louis M.
- Maya M.
- Ed S.



SEPTEMBER 2017



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Upcoming Trips: Bruce Museum—9/6 Maritime Aquarium—9/14 Cos Cob Park—9/19</p>					
<p>4</p> <p>River House is Closed</p>	<p>5</p> <p>9:30 News & Views 10:00 Sit Down & Loosen Up 10:30 BINGO 11:00 Mike's Book Club 1:15 Catholic Mass 2:00 Afternoon Movement 2:30 Jokes and Laughter</p>	<p>6 Read a Book Day</p> <p>9:30 Staying Fit... 10:00 Greet & Share 10:30 Reading with Mike 11:00 Art Therapy with Jacquie Christ Church Service 1:15 Scrabble with Betsy 1:30 Reading Group 2:15 Arts for Healing Music Therapy</p>	<p>7</p> <p>9:30 Good Morning America 10:00 MasterMind 11:00 Protestant Church Jukebox Joe People, Places or Things 2:00 Baseball League with Dr. E 2:15 Yoga with Marialisa</p>	<p>1</p> <p>9:30 Current Events 10:00 Stretch & Be Fit 10:30 Beef Up Your Brain Kickball 11:00 Jackie's Friendship Circle Art Appreciation 1:15 BINGO 2:30 ZUMBA with Wendy</p>	<p>2</p> <p>9:30 Today's News 10:00 Chair Exercise 11:00 Wheel Of Fortune 1:30 Golf Tournament 2:30 River House Karaoke 3:00 Penny Pinching</p>
<p>11</p> <p>9:30 What's On Your Mind? 10:00 Volley Ball Tournament Pet Therapy 11:00 Conversation Café' with Bernadette 1:15 Creative Movement with Miriam Poker Club with Larry River House Chorus</p>	<p>12</p> <p>9:30 Greet & Share 10:00 Sit Down & Loosen Up Chair Exercise 10:30 BINGO 11:00 Mike's Book Club 1:15 Catholic Mass 2:15 Volleyball</p>	<p>13</p> <p>9:30 Staying Fit... 10:00 September In History 10:30 September Word Pictures 11:00 Art Therapy with Jacquie Christ Church Service 1:15 Scrabble with Betsy 2:15 Arts For Healing Music Therapy</p>	<p>14</p> <p>9:30 Morning Exercise 10:00 MasterMind 11:00 Protestant Church Jukebox Joe Mike's Reading Club 1:15 Bowling 1:30 Shabbat 2:15 Yoga with Marialisa</p>	<p>15</p> <p>9:30 Good Day Connecticut 10:00 Chair Exercise 10:30 Beef Up Your Brain 11:00 Jackie's Friendship Circle Art Appreciation 1:15 BINGO 2:15 ZUMBA with Wendy Family Feud Challenge</p>	<p>16</p> <p>9:30 The New York Times 10:00 Bowling 10:30 Story Time 11:00 This Was The Year 1984 1:30 Golf Tournament 2:00 Entertainment with Larry Batter 3:30 Wii Games</p>
<p>18 19 20 21 22 23</p> <p style="text-align: center;">National Adult Day Services Week</p>					
<p>9:30 Today Times 10:00 Pet Therapy 11:00 Conversation Café' Open Arts Alliance 1:15 Creative Movement With Miriam Poker Club with Larry River House Chorus</p>	<p>9:30 News & Views 10:00 Exercise Group Word Games 10:30 BINGO 11:00 Mike's Book Club 1:15 Catholic Mass Reflection On Art 2:00 Animal Embassy</p>	<p>9:30 Staying Fit... 10:00 Test Your Knowledge... 11:00 Art Therapy with Jacquie Christ Church Service 1:15 Scrabble with Betsy 2:15 Arts for Healing Music Therapy</p>	<p>9:30 Chair Exercise 10:00 Current Events 10:30 MasterMind 11:00 Protestant Church Jukebox Joe Bean Bag Toss 1:15 Silver Tones Perform 2:00 Baseball League with Dr. E</p>	<p><i>Caregiver BBQ</i></p> <p>9:30 Current Events 10:00 Exercise Group 10:30 Chess Club 11:00 Serendipity Chorale Art Appreciation 1:30 Stretching To Music 2:15 Family Feud</p>	
<p>25</p> <p>9:30 The Daily News 10:00 Chair Exercise Pet Therapy 11:00 Conversation Café' Open Arts Alliance 1:15 Creative Movement with Miriam Poker Club with Larry River House Chorus</p>	<p>26</p> <p>9:30 CNN News 10:00 Move Your Hips 10:30 BINGO 11:00 Mike's Book Club September Birthday Quiz 1:15 Catholic Mass Reflections On Art 2:00 Oktoberfest Party with Eveonvox</p>	<p>27</p> <p>9:30 Chair Exercise 10:30 Christ Church Service 11:00 Art Therapy with Jacquie Scrabble with Betsy Oktoberfest Art 1:15 Arts For Healing Music Therapy</p>	<p>28</p> <p>9:30 Chair Zumba 10:30 German Heritage MasterMind 11:00 Protestant Church Jukebox Joe Kickball 2:15 History of German Beers 3:00 Yoga with Marialisa</p>	<p>29</p> <p>9:30 Kickball 10:00 Golf Tournament 11:00 Time Slip with Paul 1:15 Jackie's Friendship Circle BINGO 2:00 Birthday Party with Bobby Liggio</p>	<p>30</p> <p>9:30 Current Events 10:00 Kickball 10:30 The Price Is Right... 11:00 Jokes & Laughter 1:30 Golf Tournament 2:30 BINGO</p>