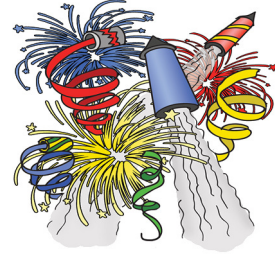




Daily Morning Activities

- Coffee Hour
- Art Projects
- Morning Edition
- Fitness Program



Weekly River House Clubs

- | | |
|---------------------------------------|---------------------------|
| Poker Club | Chess Club |
| | Art Appreciation |
| Creative Movement | Women's Circle |
| River House Chorus with Ann and Larry | Music & Memory |
| Baking Club | Seeds & Shovels |
| Nurse's Corner | Crosswords Club |
| Friends & Feelings | Still Life Painting Class |

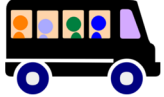




If you are interested in joining any of these clubs, please speak with Donna Palmer

Happy Birthday

- Ruby B.
- Andy F.
- Dora G.
- Joyce M.
- Russell W.



JULY 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Upcoming Trips: Greenwich Point- 7/3 Island Beach - 7/11 Cos Cob Park- 7/19 Greenwich Point -7/27</p> 		<p><i>"May we think of freedom, not as the right to do as we please, but as the opportunity to do what is right."</i></p> <p><i>-Peter Marshall</i></p>		<p><i>1</i></p> <p>9:00 The Daily Chronicle 9:30 Movements 10:00 Flute Concert with Emily 11:00 Pet Visit with Bailey and Matthew 1:30 BINGO 3:00 Card Games Keiko Student Piano Recital</p>	
<p><i>3</i></p> <p>Red,</p> <p>9:00 July 4th Historical Trivia 10:00 Flexibility & Stretching 11:00 Conversation Café with Bernadette 1:15 Poker Club with Larry Creative Movement 2:15 River House Chorus with Ann and Larry</p>	<p><i>4</i></p> <p>White,</p>  <p>River House is Closed</p>	<p><i>5</i></p> <p>9:30 Let's Get Moving! 11:00 Art Therapy with Jackie Christ Church Services 1:15 Life Time Of Looking with Alice 11:00 Scrabble with Betsy 2:15 Arts for Healing Music Therapy with Merrill</p>	<p><i>6</i></p> <p>and</p> <p>9:30 The NY Times Sway with the Music 10:30 Master Mind 11:00 Protestant Church Music with Juke Box Joe Humor of the Hour July Word Pictures 1:15 Yoga with Marie</p>	<p><i>7</i></p> <p>Blue</p> <p>9:00 What's In The News 10:30 Balance & Stretches 11:00 Jackie's Friendship Circle Similes 1:15 Volleyball BINGO 2:30 ZUMBA with Wendy</p>	<p><i>8</i></p> <p>Week</p> <p>9:00 Coffee On the River 9:30 Let's Get Fit 10:00 Jeopardy 11:15 Beanbag Bonanza 1:30 Name The State 2:15 Rhyming Words</p>
<p><i>10</i></p> <p>9:00 The Daily News 10:00 Volley Ball Tournament 11:00 Conversation Café with Bernadette Creative Movement 1:15 Poker Club with Larry 2:15 River House Chorus with Ann and Larry</p>	<p><i>11</i></p> <p>National</p> <p>9:00 River House Newsroom 10:30 Ask and Do The Act 11:00 BINGO 1:15 Book Club with Mike Move To Music 2:15 People Place Or Things Reflections On Art with Darby</p>	<p><i>12</i></p> <p>Sports</p> <p>9:00 Coffee Social 10:00 Move to Music 10:30 This Was The Year... Jackie's Art Therapy Christ Church Services Scrabble with Betsy 2:15 Arts for Healing Music Therapy with Merrill</p>	<p><i>14</i></p> <p>Clichés</p> <p>9:00 Greenwich Time 10:30 Master Mind 11:00 Protestant Church Music with Juke Box Joe 1:15 Shabbat 2:15 <i>Baseball Reminiscence League with Dr. E</i></p>	<p><i>15</i></p> <p>Week</p> <p>9:00 Coffee Social 10:30 Time Bowling 11:00 River House Chess Club River House Bowling 1:15 BINGO 2:15 River House Karaoke Arts & Craft</p>	<p><i>15</i></p> <p>9:00 Conversation Café 9:30 Senior Aerobics 10:00 Flute with Emily 11:30 On the Tee Putting Practice 12:15 River House Pizza Party Saturday! 1:15 Bowling Tournament</p>
<p><i>17</i></p>  <p>9:00 Today's Headlines 10:00 Summer Baking! 11:00 Conversation Café with Bernadette 1:15 Creative Movement Poker Club with Larry 2:15 River House Chorus with Ann and Larry</p>	<p><i>18</i></p> <p>9:00 News & Views 9:30 Sit Down & Loosen Up 10:30 BINGO 11:00 Book Club with Mike Sports Cliché's Galore 1:15 Catholic Mass 2:00 Movement To Music</p>	<p><i>19</i></p> <p>9:00 Staying Fit... Reminiscent Corner Births And Events 10:30 Christ Church Service Scrabble with Betsy 1:15 Arts For Healing Music Therapy with Merrill 3:00</p>	<p><i>20</i></p> <p>9:30 The Daily Chronicle 10:30 Let's Get Moving Master Mind 11:00 Protestant Church Juke Box Joe Mike's Reading Club 1:15 Jewish Family Services 2:15 Yoga with Marie</p>	<p><i>21</i></p> <p>9:00 Current Events 10:30 Beach Volley Ball 11:00 Jackie's Friendship Circle Art Appreciation 1:15 BINGO 2:30 ZUMBA with Wendy</p>	<p><i>22</i></p> <p>9:00 This Day in History 9:30 Senior Aerobics 10:00 All About Cats 11:00 River House Ring Toss 1:30 Discussion Summer Fishing 2:30 River House Karaoke</p>
<p><i>24</i></p> <p>9:00 Current Events 11:00 Conversation Café with Bernadette 1:15 Creative Movement</p>	<p><i>25</i></p> <p>S u m m e r</p> <p>9:00 Yesterday's Headlines Musical Notes 10:30 BINGO 11:00 Catholic Mass Book Club with Mike 1:15 Reflections on Art with Darby 2:15 USA Trivia</p>	<p><i>26</i></p> <p>F u n</p> <p>9:00 The Greenwich Time 10:00 Senior Aerobics 10:30 July Birthday Quiz 11:00 Christ Church Service Scrabble with Betsy 1:15 Arts For Healing Music Therapy with Merrill 2:15</p>	<p><i>27</i></p> <p>W e e k</p> <p>9:00 News & Views 10:30 Master Mind Cos Cob Park Trip 11:00 Protestant Church Music with Juke Box Joe 2:00 <i>Baseball Reminiscence League with Dr. E</i></p>	<p><i>28</i></p> <p>9:00 The Daily News 10:30 Spelling Bee 11:00 "Good Old Summertime" Reminiscence 1:30 Entertainment with Linwood Peel! 2:30 The Price is Rite</p>	<p><i>29</i></p> <p>9:00 The Greenwich Time 10:00 Mambo Warm Ups 11:00 Summer Games! Rhyming Words 1:30 Sing Along BINGO</p>
<p><i>31</i></p> <p>9:00 Pancake Breakfast 1:15 Poker Club with Larry 2:15 River House Chorus</p>					