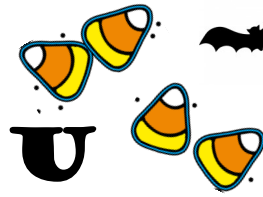




OCTOBER 2018 LUNCHEON MENU



Mon	Tue	Wed	Thu	Fri	Sat
1 Cabbage Soup Virginia Ham w/ Fruit Sweet Potatoes Cauliflower Strawberry Rhubarb Pie	2 Tomato Veggie Soup Braised Beef Mashed Potatoes Mixed Vegetables Apricots	3 Mixed Greens Salad Chicken Francese Egg Noodles Broccoli Florets Fruited Jell-O	4 Egg Drop Soup Beef Stir Fry Mixed Vegetables Finger Potatoes Mandarin Oranges	5 Garden Salad Salmon w/ Lemon Parsley Sauce Peas Fruited Jell-O	6 Cauliflower Soup Egg Salad Sandwich Potato Salad Beet Salad Vanilla Ice Cream
8 Caesar Salad Spaghetti & Meatballs Garlic Bread Swiss Chard Mini Cannolis	9 Vegetable Soup Grilled Chicken Baby Mixed Greens Dinner Roll Blueberry Pie	10 Tossed Salad Beef Stew Mixed Vegetables Egg Noodles Sliced Peaches	11 Garden Salad BBQ Chicken Yams Yellow Wax Beans Butter Loaf Cake	12 Corn Chowder Cheeseburger Macaroni Salad Green Bean Salad Apple Pie	13 Mixed Greens Salad Chicken Salad Sandwich Pasta Vegetable Salad Ice Cream Sandwich
15 Garden Salad Roasted Turkey Stuffing Mashed Potatoes Birthday Cake	16 Tossed Salad Baked Chicken Tenders Mac & Cheese Chopped Spinach Oatmeal Cookies	17 Carrot Ginger Bisque Roasted Pork with Applesauce Roasted Potato Chocolate Pudding	18 Tomato Soup Herb Roasted Chicken Mashed Potatoes Peas and Carrots Brownies	19 Mixed Greens Salad Tortellini w/ Meat Sauce Mixed Vegetables Garlic Bread Vanilla Pudding	20 Beef Hot Dogs with Sauerkraut Baked Beans Potato Salad Melon
22 Lentil Soup Meatloaf with Gravy Mashed Potatoes Green Beans Rice Pudding	23 Navy Bean Soup Chicken Piccata Egg Noodles Broccoli Florets Sliced Pears	24 Vegetable Soup Corned Beef & Cabbage Sliced Carrots Potatoes Mandarin Oranges	25 Garden Salad Baked Chicken Tenders Mashed Sweet Potatoes Chopped Spinach Watermelon	26 Black Bean Soup Caribbean Chicken Egg Noodles Mixed Vegetables Tropical Fruit Salad	27 Three Bean Soup Ham & Swiss Sandwich Potato Salad Beet Salad Vanilla Ice Cream
29 Corn Chowder Cheeseburger Roasted Potatoes Green Bean Salad Apple Pie	30 Garden Salad Penne & Sausage Garlic Bread Braised Greens Chocolate Pudding	31 Beef Hot Dogs with Sauerkraut Baked Beans Potato Salad Melon			