

Daily Morning Activities

Coffee Hour Art Projects Morning Edition Fitness Program



Weekly River House Clubs

Crossword Club Reminiscence

Creative Scrabble Club with Betsy Movement

Improv with Rocco Garden Club

River House Poker Club

Chorus with Ann

Spanish News

with Millie MasterMind

Cooking Club Baseball

If you are interested in joining any of these clubs, please call (203) 622-0079

Happy Birthday to...

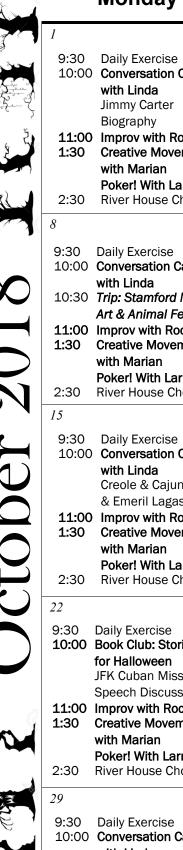
October Birthdays....



Una David Carmen Carrie Angel









River House Chorus



1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Daily Exercise 10:00 Conversation Café with Linda Jimmy Carter Biography 11:00 Improv with Rocco 1:30 Creative Movement with Marian Poker! With Larry 2:30 River House Chorus	with Jessica	9:30 Move to Music 10:00 Chubby Checker Biography Chinese Art Therapy 10:30 with Donna 11:00 Christ Church 1:30 Team Bocce Scrabble with Betsy 3:00 Afternoon Trivia	9:30 Sittercise Spanish Discussion 10:00 Charlton Heston Bio 10:30 MasterMind (China) Jukebox Joe 11:00 Protestant Service 2:00 Baseball Reminisce League Yoga with Marialisa 3:15 Baseball Trivia	9:30 Light N' Lively Workout 10:00 Daily News 10:30 Ed's Garden Club: Vegetables from China 11:15 Jackie's Friend Circle 1:30 Bingo Rhythm Band 2:30 Zumba with Wendy Balloon Volleyball 3:30 Chinese Food Trivia	9:30 Move to Music 10:00 Daily News & Inspirational Stories 10:30 Balloon Volleyball 11:00 Spelling AUTUMN Grid 1:30 Pet Therapy with Liz Grey 2:30 Bingo with Ed & Anthony 3:30 Sing Along & Snack
	9:30 Daily Exercise 10:00 Conversation Café with Linda 10:30 Trip: Stamford Muse Art & Animal Festiva 11:00 Improv with Rocco 1:30 Creative Movement with Marian Poker! With Larry 2:30 River House Chorus		9:30 Sittercize 10:00 Giuseppe Verdi Music Interpretation 10:30 Art Therapy with Donna 11:00 Christ Church 1:30 Mini Golf Scrabble with Betsy 2:00 Rhythm Band 3:00 Afternoon Trivia	9:30 Light N' Lively Exercise Spanish Discussion 10:00 Daily News Review 10:30 MasterMind (Apple) Jukebox Joe 11:00 Protestant Service 1:30 River House Golf 2:00 Sing Along Classics With Nancy Thode! 3:15 Musical Trivia	9:30 Cooking Club: Apple Crisp 10:00 Sittercise 10:30 River House Bowling 11:15 Jackie's Friend Circle 1:30 Bingo with Ed & Anthony Sensory Sound 2:30 Ed's Garden Club Balloon Volleyball 3:30 Apple Trivia	9:30 Light N' Lively Exercise 10:00 Daily News 10:30 Cornhole 11:00 NYT Monday Crossword 1:30 Bingo with Ed & Anthony Paul Simon biography 3:30 Sing along and Snack
	9:30 Daily Exercise 10:00 Conversation Café with Linda Creole & Cajun Cuis & Emeril Lagasse 11:00 Improv with Rocco 1:30 Creative Movement with Marian Poker! With Larry 2:30 River House Chorus	1:15 Catholic Mass Poker with Rachel 2:00 Art Therapy with Jessica	9:30 Daily Exercise 10:00 Evel Knievel Birthday Biography 10:30 Art Therapy with Donna 11:00 Christ Church Greenwich Botanical Society Project! 1:30 Corn Hole Scrabble with Betsy 2:00 Rhythm Band	9:30 Light N' Lively Exercise Spanish Discussion Group with Millie 10:00 Chuck Berry Biography 10:30 Trip: Christ Church Mass Jukebox Joe 11:00 Protestant Service 1:30 River House Golf 2:00 Yoga with Marialisa 3:15 Chuck Berry Trivia	Rhythm Band 2:30 Zumba with Wendy Balloon Volleyball 3:30 Music with Elliot Kim!!	9:30 Daily Morning Workout 10:00 Mickey Mantle Biography 10:30 Crossword Puzzle 12:00 Monthly Hot Dog Party! 1:30 Bingo with Ed & Anthony 2:30 Jeopardy! 3:30 Sing Along and Snack
	9:30 Daily Exercise 10:00 Book Club: Stories for Halloween JFK Cuban Missile Company Speech Discussion 11:00 Improv with Rocco 1:30 Creative Movement with Marian Poker! With Larry 2:30 River House Chorus	1:15 Catholic Mass Poker with Rachel 2:00 Art Appreciation with Darby 3:00 Daily Trivia with Tom	9:30 Wake Up and Move 10:00 Big Bopper Biography 10:30 Art Therapy with Donna 11:00 Christ Church 1:30 River House Bowling Scrabble with Betsy 2:00 Rhythm Band 3:00 Afternoon Trivia	9:30 Light N' Lively Exercise Spanish Discussion Group with Millie 10:00 Grenada Virtual Tour 10:30 Spooky MasterMind Jukebox Joe 11:00 Protestant Service 1:30 River House Golf 2:00 Interpreting Picasso 3:15 Spooky Trivia	9:30 Cooking Club: Pumpkin Pie 10:00 Sittercise 11:15 Jackie's Friend Circle 1:30 Bingo with Ed & Anthony Sensory Sound 2:30 Ed's Garden Club Balloon Volleyball 3:30 Pumpkin Activities	9:30 Daily Morning Workout 10:30 Emily Post Etiquette Birthday Biography 11:00 Stan Newman Crossword Puzzle 1:30 Bingo with Ed & Anthony 2:30 Putting Practice 3:30 Sing Along and Snack 4:30 Saturday Night Lights!
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3:00 Afternoon Trivia

Trips

10/8 - Arts & Animals Festival @ Stamford Museum 10/18 - Christ Church Healing Mass & Luncheon 10/29 - Preschool Visit @ Greenwich YWCA

