



Daily Morning Activities

- Coffee Hour
- Art Projects
- Morning Edition
- Fitness Program



Weekly River House Clubs

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| Crossword Club | Reminiscence |
| Creative Movement | Scrabble Club with Betsy |
| Garden Club | Improv with Rocco |
| River House Chorus with Ann | Poker Club |
| MasterMind | Spanish News with Millie |
| Baseball | Cooking Club |

If you are interested in joining any of these clubs, please call (203) 622-0079

Happy Birthday to...

October Birthdays....



Una
David
Carmen
Carrie
Angel



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Daily Exercise 10:00 Conversation Café with Linda Jimmy Carter Biography 11:00 Improv with Rocco 1:30 Creative Movement with Marian Poker! With Larry 2:30 River House Chorus</p>	<p>2</p> <p>9:30 Light and Lively Exercise 10:00 Virtual Tour: California Redwood Forest 10:30 Bingol! 1:15 Catholic Mass Poker with Rachel 2:00 Art Therapy with Jessica 3:00 Daily Trivia with Tom</p>	<p>3</p> <p>9:30 Move to Music 10:00 Chubby Checker Biography Chinese Art Therapy with Donna 11:00 Christ Church 1:30 Team Bocce Scrabble with Betsy 3:00 Afternoon Trivia</p>	<p>4</p> <p>9:30 Sittercize Spanish Discussion 10:00 Charlton Heston Bio 10:30 MasterMind (China) Jukebox Joe 11:00 Protestant Service 2:00 Baseball Reminisce League Yoga with Marialisa 3:15 Baseball Trivia</p>	<p>5</p> <p>9:30 Light N' Lively Workout 10:00 Daily News 10:30 Ed's Garden Club: Vegetables from China 11:15 Jackie's Friend Circle 1:30 Bingo Rhythm Band 2:30 Zumba with Wendy Balloon Volleyball 3:30 Chinese Food Trivia</p>	<p>6</p> <p>9:30 Move to Music 10:00 Daily News & Inspirational Stories 10:30 Balloon Volleyball 11:00 Spelling AUTUMN Grid 1:30 Pet Therapy with Liz Grey 2:30 Bingo with Ed & Anthony 3:30 Sing Along & Snack</p>
<p>8</p> <p>9:30 Daily Exercise 10:00 Conversation Café with Linda 10:30 Trip: Stamford Museum Art & Animal Festival 11:00 Improv with Rocco 1:30 Creative Movement with Marian Poker! With Larry 2:30 River House Chorus</p>	<p>9</p> <p>9:30 Chair dancing Around the World 10:00 Bingol! 11:00 Holly Hilltones Perform! 1:15 Catholic Mass Poker with Rachel 2:00 Art Therapy with Jessica 3:00 Beatles Trivia with Tom</p>	<p>10</p> <p>9:30 Sittercize 10:00 Giuseppe Verdi Music Interpretation 10:30 Art Therapy with Donna 11:00 Christ Church 1:30 Mini Golf Scrabble with Betsy 2:00 Rhythm Band 3:00 Afternoon Trivia</p>	<p>11</p> <p>9:30 Light N' Lively Exercise Spanish Discussion 10:00 Daily News Review 10:30 MasterMind (Apple) Jukebox Joe 11:00 Protestant Service 1:30 River House Golf 2:00 Sing Along Classics With Nancy Thode! 3:15 Musical Trivia</p>	<p>12</p> <p>9:30 Cooking Club: Apple Crisp 10:00 Sittercize 10:30 River House Bowling 11:15 Jackie's Friend Circle 1:30 Bingo with Ed & Anthony Sensory Sound 2:30 Ed's Garden Club Balloon Volleyball 3:30 Apple Trivia</p>	<p>13</p> <p>9:30 Light N' Lively Exercise 10:00 Daily News 10:30 Cornhole 11:00 NYT Monday Crossword 1:30 Bingo with Ed & Anthony Paul Simon biography 3:30 Sing along and Snack</p>
<p>15</p> <p>9:30 Daily Exercise 10:00 Conversation Café with Linda Creole & Cajun Cuisine & Emeril Lagasse 11:00 Improv with Rocco 1:30 Creative Movement with Marian Poker! With Larry 2:30 River House Chorus</p>	<p>16</p> <p>9:30 Chair dancing Around the World 10:30 Bingol! Rhythm Band 1:15 Catholic Mass Poker with Rachel 2:00 Art Therapy with Jessica 3:00 Singing John Brown</p>	<p>17</p> <p>9:30 Daily Exercise 10:00 Evel Knievel Birthday Biography 10:30 Art Therapy with Donna 11:00 Christ Church Greenwich Botanical Society Project! 1:30 Corn Hole Scrabble with Betsy 2:00 Rhythm Band</p>	<p>18</p> <p>9:30 Light N' Lively Exercise Spanish Discussion Group with Millie 10:00 Chuck Berry Biography 10:30 Trip: Christ Church Mass Jukebox Joe 11:00 Protestant Service 1:30 River House Golf 2:00 Yoga with Marialisa 3:15 Chuck Berry Trivia</p>	<p>19</p> <p>9:30 Light N' Lively Workout 10:00 Ask Amy Roundtable 10:30 Ed's Garden Club: Onions 11:15 Jackie's Friend Circle 1:30 Bingo Rhythm Band 2:30 Zumba with Wendy Balloon Volleyball 3:30 Music with Elliot Kim!!</p>	<p>20</p> <p>9:30 Daily Morning Workout 10:00 Mickey Mantle Biography 10:30 Crossword Puzzle 12:00 Monthly Hot Dog Party! 1:30 Bingo with Ed & Anthony 2:30 Jeopardy! 3:30 Sing Along and Snack</p>
<p>22</p> <p>9:30 Daily Exercise 10:00 Book Club: Stories for Halloween JFK Cuban Missile Crisis Speech Discussion 11:00 Improv with Rocco 1:30 Creative Movement with Marian Poker! With Larry 2:30 River House Chorus</p>	<p>23</p> <p>9:30 Morning Sit & Stretch 10:00 Bingol! 11:00 Greenwich Garden Club Craft! 1:15 Catholic Mass Poker with Rachel 2:00 Art Appreciation with Darby 3:00 Daily Trivia with Tom</p>	<p>24</p> <p>9:30 Wake Up and Move 10:00 Big Bopper Biography 10:30 Art Therapy with Donna 11:00 Christ Church 1:30 River House Bowling Scrabble with Betsy 2:00 Rhythm Band 3:00 Afternoon Trivia</p>	<p>25</p> <p>9:30 Light N' Lively Exercise Spanish Discussion Group with Millie 10:00 Grenada Virtual Tour 10:30 Spooky MasterMind Jukebox Joe 11:00 Protestant Service 1:30 River House Golf 2:00 Interpreting Picasso 3:15 Spooky Trivia</p>	<p>26</p> <p>9:30 Cooking Club: Pumpkin Pie 10:00 Sittercize 11:15 Jackie's Friend Circle 1:30 Bingo with Ed & Anthony Sensory Sound 2:30 Ed's Garden Club Balloon Volleyball 3:30 Pumpkin Activities</p>	<p>27</p> <p>9:30 Daily Morning Workout 10:30 Emily Post Etiquette Birthday Biography 11:00 Stan Newman Crossword Puzzle 1:30 Bingo with Ed & Anthony 2:30 Putting Practice 3:30 Sing Along and Snack 4:30 Saturday Night Lights!</p>
<p>29</p> <p>9:30 Daily Exercise 10:00 Conversation Café with Linda 10:30 TRIP: Preschool Visit at the YWCA 11:00 Improv with Rocco 1:30 Creative Movement with Marian Poker! With Larry 2:30 River House Chorus</p>	<p>30</p> <p>9:30 Chair dancing Around the World 10:00 John Adams Biography 10:30 Bingol! 1:15 Catholic Mass Poker with Rachel 2:00 Art Therapy with Jessica 3:00 Daily Trivia with Tom</p>	<p>31</p> <p>9:30 Move to Music 10:00 Dan Rather Biography 10:30 Art Therapy with Donna 11:00 Christ Church 1:30 Croquet Scrabble with Betsy 2:00 Rhythm Band 3:00 Afternoon Trivia</p>	<p style="text-align: center;">Trips</p> <p style="text-align: center;">10/8 - Arts & Animals Festival @ Stamford Museum 10/18 - Christ Church Healing Mass & Luncheon 10/29 - Preschool Visit @ Greenwich YWCA</p>		

