



Daily Morning Activities

- Coffee Hour
- Art Projects
- Morning Edition
- Fitness Program



Weekly River House Clubs

- Crossword Club River House
- Chorus with Ann
- Poker Club
- MasterMind
- Creative Movement
- Baseball
- Reminiscence
- Garden Club
- Scrabble Club
- Spanish News with Elizabeth
- with Betsy

If you are interested in joining any of these clubs, please call (203) 622-0079



Happy Birthday

August Birthdays....



- Dwight
- Thelma
- Ernie
- Maria
- Ed T
- Christina
- Amanda
- Linda
- Julia
- Lucille

August 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Trips 8/17 - Cos Cob Park 8/20 - Cruise on the Long Island Sound 8/24 - Island Beach Picnic 8/28 - Bible Street Community Garden		<i>1</i> 9:30 Wake up & Workout 10:00 Daily Horoscopes 10:30 Art Therapy with Donna 11:00 Christ Church 1:30 Balloon Volleyball Scrabble with Danny 2:00 Move and Stretch	<i>2</i> 9:30 Cooking Club: Garden Marinara Sauce 10:00 Tony Bennett Birthday Biography 10:30 MasterMind Jukebox Joe 11:00 Protestant Service 1:30 Corn Hole 2:00 Baseball League Yoga with Marialisa	<i>3</i> 9:30 Chair Work Out 10:00 Ask Amy Roundtable 10:30 Tony Bennett Birthday Biography 11:15 Jackie's Friend Circle 1:30 Bingo Sensory Sound 2:30 Ed's Garden Club Rhythm Band	<i>4</i> 9:30 Move to Music 10:00 Louis Armstrong Birthday Biography 10:30 Cornhole 11:00 NYT Monday Crossword 1:30 Bingo with Ed & Anthony 2:30 Golf 3:30 Sing Along & Snack
<i>6</i> 9:30 Chair Exercise 10:00 Greenwich News 10:30 Lucille Ball Birthday Biography 1:30 Creative Movement with Marian Poker! With Larry River House Chorus .with Ann & Larry 3:00 I Love Lucy Trivia	<i>7</i> 9:30 Light & Lively Exercise! 10:00 Ask Amy Roundtable 10:30 Bingol 1:15 Catholic Mass River House Golf 2:00 Art Appreciation with Darby	<i>8</i> 9:30 Chair Dancing Around the World 10:00 Fairfield County News 10:30 Art Therapy with Donna 11:00 Christ Church 1:30 Golf Scrabble with Danny 2:00 Rhythm Band	<i>9</i> 9:30 Sittercise 10:00 Horoscopes & Ask Amy 10:30 MasterMind Jukebox Joe 11:00 Protestant Service President Nixon 1:30 Resigns Reminisce 2:30 Team Bocce Rhythm & Songs 3:15 Presidential Trivia	<i>10</i> 9:30 Light N' Lively Workout 10:00 About Candid Camera 10:30 Ed's Garden Club 11:15 Jackie's Friend Circle 1:30 Bingo Rhythm Band 2:30 Zumba with Wendy Balloon Volleyball 3:30 60s TV Trivia	<i>11</i> 9:00 Breakfast on the House 10:00 Light and Lively Exercise 10:30 Bingo with Ed & Anthony 11:00 NYT Monday Crossword 1:30 Bingo with Ed & Anthony 2:30 Golf 3:30 Sing along and Snack
<i>13</i> 9:30 Daily Chair Dancing 10:00 Stamford Times Op Ed 10:30 Annie Oakley Birthday Biography 1:30 Creative Movement with Marian Poker! With Larry River House Chorus with Ann & Larry	<i>14</i> 9:30 Morning Sit & Stretch 10:00 Steve Martin Birthday Biography Bingol 1:15 Catholic Mass Corn Hole 2:00 Armchair Travel: Hawaii 3:00 Finish the Movie Title	<i>15</i> 9:30 Morning Workout 10:00 Julia Child Recipes and Birthday Biography Art Therapy with Donna 11:00 Christ Church 1:30 Balloon Volleyball Scrabble with Betsy 2:00 Music & Rhythm 3:15 Food Trivia	<i>16</i> 9:30 Stretch & Move! 10:00 Daily News Review 10:30 MasterMind Jukebox Joe 11:00 Protestant Service 1:30 Corn Hole 2:00 Baseball League Yoga with Marialisa 3:15 Fish Species Trivia	<i>17</i> 9:30 Daily News 10:00 Berlin Wall History 10:30 Trip: Cos Cob Park Picnic 11:15 Jackie's Friend Circle 1:30 Bingo with Ed & Anthony Sensory Sound 2:30 Ed's Garden Club Balloon Volleyball 3:30 Cold War Trivia	<i>18</i> 9:30 Daily Morning Workout 10:00 Connecticut Daily News 10:30 Cornhole 12:00 Monthly Hot Dog Party! 1:30 Bingo with Ed & Anthony 2:30 Jeopardy! 3:30 Sing Along and Snack
<i>20</i> 9:30 Sittercise 10:00 Maureen O'Hara Bio 10:30 Trip: Long Island Cruise 1:30 Creative Movement with Marian Poker! With Larry River House Chorus .with Ann & Larry	<i>21</i> 9:30 Chair Dancing 10:00 Events Around Town 10:30 Bingol Non Bingo Sing Along 1:15 Catholic Mass Team Bocce 2:00 Armchair Travel: Disney World	<i>22</i> 9:30 Light Chair Exercise 10:00 Hot Headlines 10:30 Art Therapy with Donna 11:00 Christ Church 1:30 RH Team Bowling Scrabble with Betsy 2:00 Cars Reminiscence	<i>23</i> 9:30 Sittercise 10:00 Amusing Online Clips 10:30 MasterMind Jukebox Joe 11:00 Protestant Service 1:30 Simplified Bocce 2:00 Crossword Puzzle Balloon Volleyball 3:15 60s Song Titles Quiz	<i>24</i> 9:30 Ed's Garden Club 10:30 Trip: Island Beach Picnic 11:15 Jackie's Friend Circle 1:30 Bingo with Ed & Anthony Sensory Sound 2:30 Zumba with Wendy Ed's Garden Club 3:30 Beach Trivia	<i>25</i> 9:30 Daily Morning Workout 10:00 Tom Sing A Long 10:30 Amelia Earhart Flight Anniversary Program 11:00 Stan Newman Crossword 1:30 Bingo with Ed & Anthony 2:30 Putting Practice 3:30 Sing Along and Snack
<i>27</i> 9:30 Daily Exercise 10:00 Mother Teresa Birthday Biography 10:30 Croquet and Golf 1:30 Creative Movement with Marian Poker! With Larry River House Chorus with Ann & Larry 3:00 Top 10 Lists	<i>28</i> 9:30 Wake up and Move 10:00 "I Have a Dream" Speech Anniversary Program 10:30 Bingol Trip: Community Garden 1:15 Catholic Mass Balloon Volleyball 2:00 Armchair Travel: Atlanta, Georgia	<i>29</i> 9:30 Regular Chair Workout 10:00 Ingrid Bergman Birthday Biography 10:30 Art Therapy with Donna 11:00 Christ Church 1:30 Scrabble with Betsy Mary Poppins Anniversary 2:00 Music Therapy with Merrill	<i>30</i> 9:30 Regular Exercises 10:00 Ask Amy Roundtable 10:30 MasterMind Jukebox Joe 11:00 Protestant Service 1:30 Corn Hole 2:00 Baseball League Yoga with Marialisa 3:15 Name 10 Trivia	<i>31</i> 9:00 Breakfast on the House 10:00 Ask Amy Roundtable 10:30 Golf 11:15 Jackie's Friend Circle 1:30 Bingo with Ed & Anthony Sensory Sound 2:30 Ed's Garden Club Balloon Volleyball 3:30 September Trivia	