

Points of Interest—March

Upcoming Trips

Friday, March 2nd—Flynn Gallery Tour by curator Ruth Sutcliffe

Saturday, March 3rd—The Color of Light Flower Show

This beautiful flower show, run by the Green Fingers Garden Club, features floral design, photography, botanical arts and educational exhibits. Proceeds from this show will be used to fund a teaching garden and landscaping for the new Town of Greenwich pool at Byram Shore Park.



Monday, March 5th—Intergenerational activities at the YWCA Preschool

Friday, March 16th—St. Patrick's Day Luncheon at the Greenwich Senior Center



Luck o' the Irish Week!

St. Patrick's Day is on Saturday, March 17th, and we'll be celebrating all week long! River House will be visited by dancers from the Lynn Academy of Irish Dance on Thursday, March 15th, and a bagpipe band on the 17th. There will also be a trip to the Greenwich Senior Center for their St. Patrick's Day Luncheon on Friday, March 16th—and for those who do not attend the luncheon, a special lunch of corned beef and cabbage will be served at River House!

Returning to River House...

River House's Seeds & Shovels Garden Club returns this month! Clients will have the opportunity to plant different kinds of vegetables, and watch them grow as spring progresses. Studies have shown that gardening can have therapeutic effect—horticultural therapy can help improve memory, cognitive abilities and socialization.



*Ruth will be back this month with
her Smell Therapy program!*

This unique program uses a variety of aromatic scents to help clients retrieve memories and engage in lively discussions. Ruth will be at River House on Thursday, March 1st and Thursday, March 8th. In fact, News 12 Connecticut will be visiting River House to cover her program on the 8th, so when you're watching News 12, be on the lookout for River House!