



Daily Morning Activities

- Coffee Hour
- Art Projects
- Morning Edition
- Fitness Program



Weekly River House Clubs

- Crossword Club
- Baking Club
- Poker Club
- Nurses Corner
- Creative Movement
- Music & Memory
- River House Chorus with Ann
- Women's Circle
- Sports Club

If you are interested in joining any of these clubs, please call us at 203-622-0079!

Happy Birthday to . . .



- Kitty F.
- Dorothy G.
- Mary G.
- Janet M.
- Jeannette P.
- Simon V.

2018 March

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Upcoming Trips!					
3/2— Flynn Gallery Tour by Curator Ruth Sutcliffe 3/3— Flower Show: The Color of Light at Christ Church Greenwich 3/5— YWCA Preschool Intergenerational Activities 3/16— St. Patrick's Day Luncheon at Greenwich Senior Center			<i>1</i> 9:30 Morning Chair Exercises 10:00 Hot Topics 10:30 Mastermind Jukebox Joe 11:00 Protestant Service 1:30 Golf 2:00 Silver Tea Party!	<i>2</i> 9:30 Daily Stretches 10:30 Trip: Flynn Gallery Tour 11:15 Jackies Friendship Circle 1:30 Bingo with Frank Rhythm band 2:30 Zumba with Wendy 3:15 Spring Trivia	<i>3</i> 9:30 Sittercise 10:30 Trip: Flower Show: Color of Light at Christ Church Greenwich 11:20 Stan Newman Crossword 1:30 Bingo! with Tom 2:30 Bocce 3:30 Sing Along and Snack
<i>5</i> 9:30 Wake up and Stretch 10:30 Trip: YWCA Preschool 11:00 Open Arts Alliance: Broadway by the Year Creative Movement with Marian Poker with Gary 2:30 River House Chorus with Ann	<i>6</i> 9:30 Daily Workout 10:00 News Around Town 10:30 Bingo with Frank! 1:15 Catholic Mass 2:00 River House Academy Awards with Students from The Stanwich School	<i>7</i> 9:30 Wake up and Stretch 10:00 Hot Headlines 10:30 Hangman! 11:00 Christ Church Art Therapy 1:30 Balloon Volleyball Scrabble with Betsy 2:00 Music Therapy 3:15 Trivia Grid	<i>8</i> 9:30 Daily Workout 10:00 Greenwich Times 10:30 Mastermind Jukebox Joe 11:00 Protestant Service 1:30 Bowling 2:00 Baseball League Yoga with Marialisa	<i>9</i> 9:30 Wake Up And Stretch 10:30 Armchair Travel: Orlando & Florida 11:15 Jackies Friendship Circle 1:30 Bingo with Frank Rhythm band 2:30 Evening Stretches 3:15 Grid Trivia	<i>10</i> 9:30 Daily Movement 10:00 Ukulele Songs 10:30 Hot Headlines 11:00 Hebrew Wizards 1:30 Bingo! with Tom 2:30 Golf 3:30 Sing Along and Snack
<div style="display: flex; justify-content: space-between;"> ☘ ☘ ☘ LUCK O' THE IRISH WEEK! ☘ ☘ </div>					
<i>12</i> 9:30 Daily Exercise 10:30 Fairfield County News 11:00 Open Arts Alliance: Broadway by the Year Creative Movement with Marian Poker with Gary 2:30 River House Chorus	<i>13</i> 9:30 Morning Exercise 10:00 News Around the Globe 10:30 Bingo with Frank! 1:15 Catholic Mass Baggo 2:00 Reflections on Art with Darby	<i>14 Pi day!</i> 9:30 Hot Headlines 10:00 What is Pi? with Tom 11:00 Christ Church 1:30 Garden Education Center Craft! Scrabble with Gary 2:00 Music Therapy	<i>15</i> 9:30 Daily Workout 10:30 Mastermind Jukebox Joe 11:00 Protestant Service 1:30 Wii: Homerun Derby 2:00 Lynn Academy Irish Dancers	<i>16</i> 9:30 Wake Up And Stretch 10:30 Armchair Travel: 11:15 Jackie's Friendship Circle Trip: St Patrick's Day Luncheon 1:30 Bingo with Frank Rhythm band 2:30 Stretch with Dona	<i>17 St Patrick's Day</i> 9:30 Daily Movement 10:00 American Folk Guitar Songs 10:30 Local News Stories 11:00 Will Shortz Crossword 1:30 Bag Pipe Performance 2:30 Bean Bag Toss
<i>19</i> 9:30 Aerobic Chair Exercises 10:30 Around Greenwich 11:00 A Lifetime of Look with Alice Kraus Creative Movement with Marian Poker with Gary 2:30 River House Chorus with Ann	<i>20</i> 9:30 Light & Lively Exercise 10:00 This Week in History 10:30 Bingo with Frank! 1:15 Catholic Mass Wii Golf 2:00 Reflections on Art with Darby 3:00 Person, Place or Thing Trivia with Tom	<i>21</i> 9:30 Chair Exercises 10:00 Hot Topics in the Local News 10:30 Family Feud 11:00 Christ Church 1:30 Golf Scrabble with Gary 2:00 Music Therapy 3:15 Finish that Lyric!	<i>22</i> 9:30 Stretch and Wake Up 10:00 New York Times Review 10:30 Mastermind Jukebox Joe 11:00 Protestant Service 1:30 Baggo 2:00 Baseball League Yoga with Marialisa 3:15 Finish that Movie Title	<i>23</i> 9:30 Chair Dancing Around the World 10:30 Armchair Travel: Paris 11:15 Jackies Friendship Circle 1:30 Bingo with Frank Rhythm band 2:30 Evening Stretches 3:30 Noah Kim Piano	<i>24</i> 9:30 Sittercise 10:00 Guitar Songs 10:30 Connecticut Daily News 11:00 Stan Newman Crossword 1:30 Bingo! with Tom 2:30 Bocce 3:30 Sing Along and Snack
<div style="display: flex; justify-content: space-between;"> 🥚 RIVER HOUSE'S EGGS-CELLENT WEEK! 🥚 </div>					
<i>26</i> 9:30 Workout to World Music 10:30 This Week in History 11:00 Wii Golf 1:30 Creative Movement Poker with Gary 2:30 River House Chorus with Ann	<i>27</i> 9:30 Towel Stretches 10:00 Headline Roundtable 10:30 Bingo with Frank! 1:15 Catholic Mass Jewish Family Services: All about Pesach 2:00 Entrepreneur Spotlight: Sam Walton	<i>28</i> 9:30 Paper Plate Exercises 11:00 Christ Church Art Therapy 1:30 River House Bowling Scrabble with Betsy 2:00 Music Therapy	<i>29</i> 9:30 Senior Stretches 10:00 This Week in History 10:30 Mastermind Jukebox Joe 11:00 Protestant Service 1:30 Croquet 2:00 Pysanka Eggs with Tom	<i>30</i> 9:30 Paper Plate Stretches 10:30 Easter Basket Making with Donna Jackie's Friendship Circle 1:30 Bingo with Frank 2:30 Zumba with Wendy	<i>31 Passover</i> 9:30 Sittersize 10:00 Making Matzo with Gary 10:30 History of Passover 11:00 Crossword 1:30 Bingo! 2:30 Golf