



### Daily Morning Activities

- Coffee Hour
- Art Projects
- Morning Edition
- Fitness Program

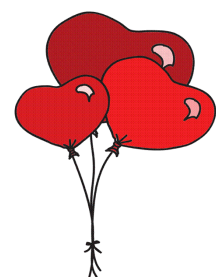


### Weekly River House Clubs

- Crossword Club
- Poker Club
- Creative Movement
- River House Chorus with Ann
- Baking Club
- Nurses Corner
- Music & Memory
- Women's Circle
- Sports Club
- Art Appreciation
- Friends and Feelings
- Still Life Painting








If you are interested in joining any of these clubs, please call us at 203-622-0079!

### FEBRUARY BIRTHDAYS



- Maria F
- Burt H
- Janet M
- Liz P

# February 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Upcoming Trips!</b> 2/6— Greenwich Arts Council Curator Tour 2/9— Activities with Preschoolers at First Presbyterian Church Preschool 2/16— Stamford Historical Society 2/27— Stamford Nature Center's Birds Exhibition			<i>1</i> 9:30 Morning Exercise 10:00 <b>Black History Month Introduction!</b> 10:30 <b>MasterMind</b> Jukebox Joe Sing-Along 11:00 Protestant Church 1:30 Donna's Craft Corner Wheel of Chance / Hangman 2:00 Musician Spotlight	<i>2</i> <b>Groundhog Day!</b>  11:15 Jackie's Friendship Circle 1:30 <b>Bingo! with Frank</b> Non-Bingo Sing-Along 2:30 <b>Zumba with Wendy</b>	<i>3</i> 9:30 Move to Music 10:00 Sinatra Guitar Sing Along 11:00 NYT Monday Crossword 1:30 Bingo! with Tom 2:30 Golf 3:30 Sing-Along and Snack
<i>5</i> 9:30 Chair Dancing Around the World 10:30 Greenwich Times 11:05 <b>Open Arts Alliance: Broadway</b> 1:30 Poker Club with Gary Creative Movement with Miriam 2:30 River House Chorus	<i>6</i> 9:30 Daily Movement 10:00 Hot Topics Roundtable 10:30 Bingo 1:15 Catholic Mass Team Bocce 2:00 Musician Profile: Dean Martin	<i>7</i> 9:30 Volleyball 10:00 Connecticut Daily News 11:00 <b>Arts for Healing with Jacquie</b> 1:30 <b>Scrabble with Betsy</b> Volleyball 2:00 Historical Spotlight: JFK	<i>8</i> 9:30 Light and Lively Exercise 10:30 <b>MasterMind</b> Jukebox Joe 11:00 Protestant Church 1:30 Donna's Craft Corner The Price is Correct 2:00 <b>Yoga with Mariallisa</b> <b>Baseball League</b>	<i>9</i> 9:30 Aerobic Chair Exercises 10:30 <b>Trip: First Presbyterian Preschool</b> 11:15 Jackie's Friendship Circle 1:30 <b>Bingo! with Frank</b> Non-Bingo Sing Along 2:30 Afternoon Stretch	<i>10</i> 9:30 Daily Movement 10:00 American Folk Guitar Songs 11:00 Will Shortz Crossword 1:30 Bingo! with Tom 2:30 Bean Bag Toss 3:30 Sing-Along and Snack
<div style="display: flex; justify-content: space-between;"> <div style="text-align: center;">  <b>All</b> </div> <div style="text-align: center;">  <b>You</b> </div> <div style="text-align: center;">  <b>Need</b> </div> <div style="text-align: center;">  <b>Is</b> </div> <div style="text-align: center;">  <b>Love</b> </div> <div style="text-align: center;">  <b>Week</b> </div> </div>					
<i>12</i> 9:30 Lively Morning Exercise 11:05 <b>Open Arts Alliance: Broadway by the Year</b> 1:30 Poker Club with Gary Creative Movement 2:00 <b>Patsy's Patriotic Sing-Along</b>	<i>13</i> 9:30 Sittercise 10:00 Daily Headline Review 10:30 Bingo 1:15 Catholic Mass 2:00 <b>Reflections on Art with Darby</b>	<i>14</i> 9:30 Daily Exercise 10:00 Fairfield County Headlines 11:00 <b>Garden Education Center Group Craft!</b> <b>Arts for Healing Music</b> 2:00	<i>15</i> 9:30 Towel Stretches 10:30 Headline Roundtable <b>MasterMind</b> 11:00 Jukebox Joe 1:30 Protestant Church Donna's Craft Corner 2:00 <b>Judaic Presentation</b>	<i>16</i> 9:30 World Exercise 10:30 <b>Trip: Stamford Historical Society</b> Jackie's Friendship Circle 1:30 <b>Bingo! with Frank</b> 2:30 <b>Zumba with Wendy</b>	<i>17</i> 9:30 Sittercise 10:00 Guitar Songs 11:00 Stan Newman Crossword 1:30 Bingo! with Tom 3:30 Sing-Along
<i>19</i> 9:30 Moving and Meditation 10:30 International Headlines 11:05 <b>Open Arts Alliance: Broadway by the Year</b> 1:30 Poker Club with Gary Creative Movement with Miriam 2:30 River House Chorus	<i>20</i> 9:30 Paper Plate Workout 10:00 Hot Headlines 10:30 Bingo 1:15 Catholic Mass Volleyball! 2:00 Musician Profile: Chuck Berry	<i>21</i> 9:30 Aerobic Chair Exercises 10:00 Around Greenwich 11:00 <b>Arts for Healing with Jacquie</b> 1:30 <b>Scrabble with Betsy</b> Balloon Toss 2:00 <b>Arts for Healing Music Therapy</b>	<i>22</i> 9:30 Wake up and Stretch 10:30 Hot Headlines <b>MasterMind</b> 11:00 Jukebox Joe 1:30 Protestant Church Donna's Craft Corner 2:00 Family Feud <b>Yoga with Mariallisa</b> <b>Baseball League</b>	<i>23</i> 9:30 Daily Workout 10:30 This Week in History 11:15 Jackie's Friendship Circle 1:30 <b>Bingo! with Frank</b> Sing Along 2:30 Afternoon Stretch <b>Noah Kim Piano Recital</b>	<i>24</i> 10:00 Patriotic Guitar Songs 10:30 Fairfield County Headlines 11:00 <b>Hebrew Wizards!</b> 1:30 Bingo! with Tom 2:30 Golf 3:30 Sing-Along and Snack
<i>26</i> 9:30 Move to Music 10:30 Local News Stories 11:05 <b>Open Arts Alliance: Broadway by the Year</b> 1:30 Poker Club with Gary Creative Movement with Miriam 2:30 River House Chorus with Ann	<i>27</i> 9:30 Morning Workout 10:00 Inspirational News Stories 10:30 <b>Trip: Stamford Nature Center: Birds Exhibition</b> 1:15 Catholic Mass Bean Bag Toss 2:00 <b>Reflections on Art with Darby</b>	<i>28</i> 9:30 Around the World Exercise 10:00 This Week in History 11:00 <b>Arts for Healing with Jacquie</b> 1:30 <b>Scrabble with Betsy</b> Bean Bag Throw 2:00 <b>Arts for Healing Music Therapy</b>	<h2>Family Photos Week</h2> <p>Bring in family photos during the last week of February!</p> 